



Dear Parent/ Guardian

The New Westminster School District is pleased to offer counselling support to our students. Counselling support can take many forms and can be on an individual basis or in a small group setting. This support may be on going, or short term as needs arise.

Counselling support can be accessed either formally or informally. Your child may have been referred through our formal process and brought before our School Based Team. School Based Team includes our administration, resource teachers, school counsellor and the classroom teacher. In consultation with the team, it may have been recommended that your child receive additional support. Your child may also have been referred through a less formal process by a staff member.

Some of the issues that a school counsellor may address with your child include, but are not limited to: transition to a new school, anxiety, shyness, conflict resolution, and peer relations. Your school counsellor can also help with referrals to outside agencies and provide transitioning support if you are on waitlist with an external agency.

If you wish your child to be eligible to receive this support during the current school year, please sign below and return form to the school.

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As the parent/ legal guardian,

I give consent for my son/daughter \_\_\_\_\_ to work  
with the school counsellor for the \_\_\_\_\_ school year.

Please Print: \_\_\_\_\_  
Parent/Legal Guardian Date

\_\_\_\_\_  
Parent/Legal Guardian Signature